

Whitening Gel Instructions

Tip Attachment

Unscrew the cap at the bottom of the syringe and replace it with the tip. This will allow a more controlled delivery.

Step 1

Brush and floss your teeth.

Step 2

Apply a thin line of gel along the deepest portion of the tray. Do not overfill the tray. One syringe lasts approximately 3-5 treatments.

Step 3

Firmly place tray over the teeth and wipe excess gel off gums with your finger or toothbrush.

Step 4

Wear the whitening tray 1 to 2 hours.

Step 5

Remove whitening tray and rinse your

teeth. Clean the tray with a toothbrush and warm water. Wipe the tray dry and store in tray container.

Step 6

For best results, repeat process daily for one week, and every other day for the following week.

Notes:

- DO NOT eat, drink or smoke while wearing whitening tray.
- Tooth sensitivity is common after treatment. Sensitivity will disappear within two days.
- White spotting may occur as some portions of the tooth react faster than other portions. As treatments continue, the whitening will even out.
- Keep out of reach of children.
- Refrigerate whitening gel when not in use for more than 2 weeks. Keep gel away from direct sunlight.
- Consult licensed dentist for additional recommendations.

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